

# Beginner Percussion Warm-up

Right Hand

Left Hand

R R R R R R R R L L L L L L L L

3 Alternate

R L R L R L R L R L R L R L R L R L

5 Up Beat

L L L L L L L L

R R L R L R R L R L R R L R L R R L R L

R R L R R R L R R R L R R L R R L R

R L R R R L R R R L R R L R R L R R