

Hucks

34

R R R R R R R R R R R R R R R R R R

36

L L L L L L L L L L L L L L L L L L

7/8 Paradiddle

38

R L R R L R L L R L R R L L R L R R L L R L R R L L R L R R L L R L R R L L R

Natural Stickings

43

R L R R L R R L R R L R R R L R R L R R L R R L

45

R L L R L L R L L L R L L L L R L L L R L L L R

Natural Stickings Downbeat Accents

48

R L R R L R R L R R L R R R L R R L R R L R R L

50

R L L R L L R L L L L R L L L L R L L L R

Natural Stickings Upbeat Accents

53

R L R R L R R L R R L R R R L R R L R R L R R L

55

R L L R L L R L L L L R L L L L R L L L R

58 Natural Stickings Offbeat Accents

1 e + 2 e + 3 e + 4 e + | 1 + a 2 + a 3 + a 4 + a
R L R R L R R L R R L R R R L R R L R R L

60

1 e a 2 e a 3 e a 4 e a | e + a e + a e + a e + a | R
R L L R L L R L L R L L L L R L L L R L R

63 3s Exercise No 1

R L RRRL L L L R L RRRL L L L R L L L RRRL R RRRL L L L R L R

66 3s Exercise No 2

R R R L R R R L R R R L R R R L R L L L R L L L R L L L R L L L L

68

R R R L R R R L R R R L R R R L R L L L R L L L R L L L R L L L R

71 Triplet Chicken and a Roll

73

76 Chicken and a Roll

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

78

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

Triplet Grid

81

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R